

## MARTINA ZIEGENBEIN, MD

A4 Shellback Way  
Mashpee, MA 02649  
Cell: 715-892-7302

[martina.ziegenbein@gmail.com](mailto:martina.ziegenbein@gmail.com)



### QUALIFICATIONS AT A GLANCE:

- Board certified in Internal medicine and Rheumatology
- 16.5 years of clinical experience in Rheumatology (as of 2/2024)
- Trained at Boston University Medical Center and Johns Hopkins Lupus Center
- Special interest in Fibromyalgia and chronic pain
- Exceedingly well skilled at reviewing large amounts of records and finding the relevant information

### CLINICAL PRACTICE

- **Whole Health Rheumatology of Cape Cod**, Mashpee, MA: established 3/31/2023, private hybrid Rheumatology practice, owner, founder and CEO.
- **Cape Cod Health Care, Hyannis, MA**: Rheumatology, outpatient Rheumatology, started 4/2/2021, 0.75 FTE. Changed to per-diem rate 4/16/2023 – 11/2/2023
- **Marshfield Clinic Wausau Center, Wausau, WI**: Rheumatology; 4/2017 – 3/2021, 0.75 FTE
- **Appalachian Regional Internal Medicine Specialists**, Rheumatology, Boone, NC; 10/2015 – 11/2016; 0.9 FTE
- **Marshfield Clinic**, Rheumatology, Wausau Center, Wausau, WI; 1/2015 – 10/2015, 0.85 FTE
- **Ministry Health Care (Ascension)**, Rheumatology, Ministry Medical Group Stevens Point, WI, 3/2013 – 10/2014, 1.0 FTE
- **Marshfield Clinic**, Rheumatology, Minocqua Center, WI; 8/2007 – 3/2013: 1.0 FTE

### EDUCATION

- **Lupus Fellowship**  
Johns Hopkins School of Medicine, Department of Medicine, Lupus Center, 1830 E Monument Street/Suite 7500, Baltimore MD 21205; 07/2006 – 06/2007
- **Rheumatology Fellowship Training Program**  
Boston University Medical Center/Boston University School of Medicine, 715 Albany Street, Evans 5, Boston, MA 02118, USA; 07/2004 – 06/2006
- **Internal Medicine Residency Training Program**  
St Joseph's Hospital/ Marshfield Clinic, 1000 N Oak Ave, Marshfield, WI 54449, USA (affiliated with the University of Wisconsin); 06/2001 – 06/2004
- **The Medical School of the P. J. Safarik University**  
Tr. SNP 1, Kosice 04066, Slovakia; 09/1993 – 06/2000, Degree: MD

### RESEARCH EXPERIENCE

#### Johns Hopkins Lupus Center

Project: Are 24-hr urine collections necessary to quantitate proteinuria in patients with lupus nephritis?  
Supervisors: Derek M. Fine, MD, Nephrology and Michelle Petri, MD; Johns Hopkins Lupus Center Director;  
August 2006 – June 2007

#### Boston University Medical Center

Project: Role of Toll-like receptors and innate immunity in wound healing and scleroderma  
Supervisor: Robert Lafyatis, MD; 10/2004 – 6/2006

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**Mayo Foundation, Rochester, MN;** Department of Clinical Pharmacology Project: The kinetics, metabolism and mechanism of inhibition of the human recombinant mitochondrial aldehyde dehydrogenase;  
Supervisors: James J. Lipsky, MD and Dennis C. Mays, PhD; 08/1998 – 06/1999

### **PUBLICATIONS/ABSTRACTS**

Fine DM, **Ziegenbein M**, Petri M, Han EC, McKinley AM, Chellini JW, Nagaraja HN, Carson KA, Rovin BH: A prospective study of protein excretion using short-interval timed urine collections in patients with lupus nephritis. *Kidney Int.* 2009 Dec; 76(12):1284-8.

Abstract: Role of MyD88-dependent Toll-like receptor signaling pathway in wound healing and scleroderma. Podium presentation at the Annual Meeting of American College of Rheumatology, San Diego, CA; November 13 – 17, 2005

**Lenartova M**, Tak T: Iatrogenic Pseudoaneurysm of Femoral Artery: Case Report and Literature Review; *Clinical Medicine & Research*, July 2003, Vol.1, No.3, 243-7

Mitro P, Feterik K, **Lenartova M**, Cverckova A, Curmova A, Rybarova E, Petrasova D, Rybar R, Trejbal D: Humoral mechanisms in the pathogenesis of postprandial hypotension in patients with essential hypertension. *Wien Klin Wochenschr.* 2001 Jun 15; 113 (11-12): 424-32

### **AWARDS**

04/2004 – Winner, 2004 National ACP Associates Clinical Vignette Poster Competition; New Orleans, LA  
09/2003 – Winner, 2003 State ACP Associates Clinical Vignette Presentation; Milwaukee, WI

### **QUALIFICATIONS**

11/2006 – Board certified in Rheumatology; Successful Recertification, 10/2016, Winston Salem NC  
08/2004 – Board certified in Internal medicine, Boston, MA, USA; Recertif 10/2014 Madison, WI  
07/29/2002 – USMLE Step 3 CBT Examination, Madison, WI, USA  
01/11/2000 – CSA (Clinical Skills Assessment) in Philadelphia, PA, USA  
12/09/1999 – USMLE Step 2 CBT Examination, Budapest, Hungary  
07/26/1999 – USMLE Step 1 CBT Examination, Rochester, MN, USA

### **MEMBERSHIPS**

American College of Rheumatology, June 2005

### **LANGUAGES**

English, Slovak, Czech all fluent; German – intermediate to advanced

### **MISCELLANEOUS**

Whole Health Medicine Institute: graduated 3/2022

Conflict management and resolution, eCornell course 6-8/2021, successful completion

CrossFit Level 1 Certified Trainer, March 2014, Recertified 1/2019