

CYRUS KAO, MD

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Nashville, TN 37207◆

(626) 532-5879 (personal) / (615) 997-4188 (business)
iamcyruskao@gmail.com (personal) / rehabconsultants1@gmail.com (business)

PROFILE:

- **Physical Medicine & Rehabilitation (PM&R) Board Certified (07/2016 – 12/2026)**
 - experienced in inpatient and outpatient settings
 - focused on impairments/disabilities from sports injuries, chronic pain, arthritis
 - proficient in electromyography/nerve conduction studies (EMG/NCS)
 - **Certified to perform minimally invasive lumbar decompression (mild) procedures for lumbar spinal stenosis with neurogenic claudication**
 - ultrasound (US)-guided injections, trigger point injections, and botulinum toxin injections
- **Pain Medicine Board Certified (09/2016 – 12/2026)**
 - Albert Einstein College of Medicine/Montefiore Medical Center Fellowship Trained
 - Proficient in spinal interventional procedures and acute/chronic pain syndrome management
 - Certified to perform minimally invasive lumbar decompression (mild) procedure

Board Certifications

- **American Board of Physical Medicine and Rehabilitation (ABPM&R), Diplomat, Certificate # 11930, 7/1/16 – 12/31/26**
- **ABPM&R Pain Medicine, Certificate #1790, 7/17/16 – 12/31/26**

Active Medical Licenses

- **Active Unrestricted Licenses: NJ, HI, FL, NV, AL, CA, NJ, NY, VT, TN, GA, MN, CT, LA, IL, WV, OH, TX, MI, MS, CO, PA**
- **New York Worker's Compensation Board – Certified – 278489-01 Coded CPMR, CPMR-PM, Issued 9/15/17**
- **Colorado Worker's Compensation Board – Level I Accreditation, Issued 8/30/2023**

For Medical-Legal Consultation Purposes

- Certified Life Care Planner (LCP-C) – FIG Advisory Board
- Certified Manipulation Under Anesthesia – Southern California University of Health Sciences
- Proficient in performing medical/legal consultations for personal injury/WC cases

Active Clinical Practices – Private Practice

- **Rehabilitation Consultants LLC, Medical Director – serving the community at various skilled nursing facilities and performing interventional minimally invasive lumbar decompression procedures for appropriate candidates with lumbar spinal stenosis with neurogenic claudication**

Past Employments

- **Patel Kao Pain and Rehabilitation, LLC (09/2016 – present)**
 - Consultant/Clinician as Physiatry and Pain Medicine for clinical practice, medical legal consultation, and physician management
- **Patel Kao Pain and Rehab Associates (08/2017 – present)**
 - Independent Medical Reviews
 - Nursing Facility Consultations and Management
- **Rehabilitation Specialists of New Jersey (11/2021 – 5/2022)**
 - Nursing Facility Consultations

TRAINING:

Albert Einstein College of Medicine/Montefiore Medical Center
Pain Management/Interventional Pain/Interventional Spine Fellowship
Bronx, NY

07/2015 – 06/2016

Georgetown University/MedStar National Rehabilitation Hospital Physical Medicine and Rehabilitation Residency Washington, DC	07/2012 – 06/2015
SUNY Downstate Medical Center Medical Acupuncture at SUNY Downstate Program Brooklyn, NY	03/2014 – 03/2015
SUNY Downstate/University Hospital of Brooklyn at Long Island College Hospital Internal Medicine Internship Brooklyn, NY	06/2011 – 06/2012
UMDNJ/Kessler Institute for Rehabilitation – Doctor Office Center Research Assistant Newark, NJ	06-12/2010

EDUCATION:

St. George's University Doctor of Medicine Grenada, West Indies	01/2007 – 05/2011
University of California - Berkeley Bachelor of Science, Integrative Biology Bachelor of Arts, Public Health Berkeley, CA	08/2002 – 08/2006

LEADERSHIP/ACHIEVEMENT:

2015 – 2016	Chief Fellow – ACGME Accredited Interventional Pain Fellowship <i>Albert Einstein College of Medicine/Montefiore Medical Center</i>
03/2015	Scholarship Recipient – American Pain Society (APS) <i>Fundamentals of Pain Management: An Interdisciplinary Primer</i>
2013 – 2014	Resident Physician Council (RPC) – AAPM&R National Committee
2013 – 2014	RPC e-Newsletter: “The PM&R Resident” – AAPM&R Editor
2013 – 2015	Rehab in Review: The Surveillance Journal for Rehabilitation Professionals Regional Editor/Contributing Editor
2013 – 2015	Resident Representative for Bioethics Committee Georgetown University/MedStar National Rehabilitation Hospital
2012 – 2015	Resident Representative for Graduate Medical Education Georgetown University/MedStar National Rehabilitation Hospital

CURRENT/ONGOING PROJECTS/RESEARCH:

Co-investigator <i>Evaluating Physical Therapy for Improving Functional Outcome in Failed Back Surgery Patients who have Undergone Spinal Cord Stimulators: Prospective Cohort Study</i> C Kao, M Ingraham, M Desai	10/2013 – 06/2015
First Author <i>Ultrasound Guided Intercostobrachial Nerve Block for Intercostobrachial Neuralgia in Breast Cancer Patients</i> C Kao, E Wisotzky	02/2013 – 09/2014 Manuscript Completed Submitted for Publication 9/2014: PM&R Journal – Elsevier
Co-investigator <i>Assessing the Efficacy of Neurogenic Topical Compound Agents for Post-Mastectomy Pain Syndrome: Double Blinded Case Control Study</i> C Kao, E Wisotzky	06/2013 – 06/2015
Co-investigator <i>Does A Required Clerkship in Physical Medicine and Rehabilitation (PM&R) Correlate with a Specialty Choice of PM&R?: Survey/ Retrospective Cohort Study</i> C Kao, E Wisotzky	01/2013 – 06/2015 IRB Approved Study Completed Manuscript complete
Co-investigator <i>Efficacy of Ultrasound guided Sacroiliac Injections Versus Fluoroscopy: A Prospective Cohort Study</i> A DeLuigi, N Yokel, V Saini, C Kao	12/2012 – 06/2015
Co-author <i>Rehabilitation Emergencies Mobile Application Mobile iPhone App</i> CL Whitehair, et al.	01/2013 – 06/2015 Development complete

PUBLICATIONS/COMPLETED PROJECTS

First Author, First Author, <i>Invited for Poster Presentation – AAP Annual Conference 2015</i> Unusual Case of Motor Neuropathy Secondary to Herpes Zoster: A Case Report C Kao, A Mirdamadi	Am. J. Phys. Med. Rehabilitation – Lippincott Williams & Wilkins 3/2015
First Author, Journal Article - <u>PM&R Journal</u> <i>Defective Hip Implants Leading to Elevated Cobalt and Chromium Levels with Toxicity: Case Series and Review</i> C Kao, R Scalettar, RD Bunning	PM&R Journal – Elsevier (In-Press) 11/2014 PMID: 25460210
First Author, Presented Poster - <u>AAPM&R Annual Conference 2014</u> <i>Metal-on-polyethylene Hip Implants Leading to Metallosis with Morbidity: A Case Series</i> C Kao, RD Bunning	PM&R Journal – Elsevier 11/2014
First Author, Presented Poster - <u>AAPM&R Annual Conference 2014</u> <i>Myofascial Pain from Ehlers-Danlos Syndrome Treated with Botox Injections: A Case Report</i> C Kao, P Vazquez	PM&R Journal – Elsevier 11/2014

First Author, Presented Poster - AAPM&R Annual Conference 2014
Toxicity From Elevated Cobalt and Chromium Blood Levels After Hip Implant: A Case Report
C Kao, RD Bunning

PM&R Journal – Elsevier
 11/2014

First Author, Presented Poster
AAP Annual Conference (2/2014)
AAPM&R Annual Conference (11/2014)
Abdominal Wall Laxity and Meralgia Paresthetica Following Rib and Pelvic Fractures: A Case Report
C Kao, JN Aseff, RD Bunning

Am. J. Phys. Med.
 Rehabilitation – Lippincott
 Williams & Wilkins
 2/2014

First Author, Presented Poster
AAP Annual Conference (2/2014)
AAPM&R Annual Conference (11/2014)
Chronic Ear Pain in a Head/Neck Cancer Patient Treated with Ultrasound-guided Greater Auricular Nerve Block: A Case Report
C Kao, E Wisotzky, C Karam

Am. J. Phys. Med.
 Rehabilitation – Lippincott
 Williams & Wilkins
 2/2014

First Author, Presented Poster
AAP Annual Conference (2/2014)
AAPM&R Annual Conference (11/2014)
Defective Hip Implant Leading to High Cobalt Blood Levels: A Case Report
C Kao, RD Bunning, M Ingraham

Am. J. Phys. Med.
 Rehabilitation – Lippincott
 Williams & Wilkins
 2/2014

First Author, Presented Poster
AAP Annual Conference (2/2014)
AAPM&R Annual Conference (11/2014)
Encephalitis Secondary to Atypical HIV Presentation with CSF Viral Escape: A Case Report

Am. J. Phys. Med.
 Rehabilitation – Lippincott
 Williams & Wilkins
 2/2014

C Kao, R Malhotra, P Vazquez

Co-Author, Presented Poster - AAP Annual Conference 2014
Painful Intraarticular Hip Heterotopic Ossification Successfully Treated with Ultrasound-guided Injection. A Case Report

Am. J. Phys. Med.
 Rehabilitation – Lippincott
 Williams & Wilkins
 2/2014

M Ingraham, **C Kao**, E Wisotzky

Co-Author, Presented Poster - AAP Annual Conference 2014
Ultrasound Guided Greater Occipital Nerve Block Relieves Cervical Radiculopathy Symptoms: A Case Report
 C Karam, **C Kao**, A Mirdamadi, E Wisotzky

Am. J. Phys. Med.
 Rehabilitation – Lippincott
 Williams & Wilkins
 2/2014

Co-Author
 Online Publication: *RPC Board Interim Meeting Update*
<http://www.aapmr.org/members/residents/newsletter/Pages/Resident-Newsletter-January-February-2014-Issue.aspx>
C Kao, D Sarno

The PM&R Resident
 2/2014

Contributor
 Online Publication: *Fellowship Series: Applying for an Accredited Pain Medicine Fellowship (Q&A)*
<http://www.aapmr.org/members/residents/newsletter/Pages/Resident-Newsletter-January-February-2014-Issue.aspx>
 M Poliak-Tunis, B Tribuzio

The PM&R Resident
 2/2014

First Author, Presented Poster – AAPM&R Annual Conference 2013
 Poster 249 *Atypical Presentation of Hip Pain and Fever: A Case Report*
 C Kao, RD Bunning, V Saini

PM&R Journal – Elsevier
 9/2013

Co-Author, Presented Poster – AAPM&R Annual Conference 2013
 Poster 224 *Ultrasound-Guided Intercostobrachial Nerve Block for Post
 Mastectomy Pain: A Case Series*
 V Saini, E Wisotzky, C Junn, C Kao

PM&R Journal - Elsevier
 9/2013

Contributor
 Online Publication: *Dupuytren Contracture*
<http://emedicine.medscape.com/article/327556>
 SD Matthew, PM Foye, TP Stitik, et al.

Medscape eMedicine
 9/2010

Contributor
 Online Publication: *Plantar Fasciitis*
<http://emedicine.medscape.com/article/308917>
 PM Foye, TP Stitik, et al.

Medscape eMedicine
 9/2010

Contributor
 Online Publication: *Trigger Finger*
<http://emedicine.medscape.com/article/328996>
 PM Foye, TP Stitik, et al.

Medscape eMedicine
 9/2010

Contributor
 Online Publication: *Osteoarthritis*
<http://emedicine.medscape.com/article/305145>
 PM Foye, TP Stitik, et al.

Medscape eMedicine
 9/2010

Contributor
 Online Publication: *De Quervain Tenosynovitis*
<http://emedicine.medscape.com/article/327453>
 PM Foye, TP Stitik, et al.

Medscape eMedicine
 9/2010

INVITED LECTURES/ORAL PRESENTATIONS:

<i>American Academy of Physical Medicine and Rehabilitation (AAPM&R) Annual Conference 2014: Invited for various posters as indicated in Publications section above</i>	11/2014
<i>Percutaneous Endoscopy Gastrostomy (PEG) Tube Dislodgements: Case Reports, Signs and Symptoms, and Management</i> Audience: National Rehabilitation Hospital M&M Grand Rounds	4/2014
<i>Association of Academic Physiatrists (AAP) Annual Conference 2014: Presented various posters as indicated in Publications section above</i>	2/2014
<i>Ultrasound-Guided Intercostobrachial Nerve Block for Post Mastectomy Pain: A Case Series</i> Audience: Breast Cancer Coordinated Care Conference (BC3) 2014	2/2014
<i>American Academy of Physical Medicine and Rehabilitation (AAPM&R) Annual Conference 2013: Presented various posters as indicated in Publications section above</i>	9/2013
<i>Defective Hip Implants Leading to Elevated Cobalt and Chromium Blood Levels</i> Audience: Ortho-Rheum-PM&R Grand Rounds	10/2013
<i>PRP vs Prolotherapy for Treatment of Chronic Plantar Fasciitis</i> Audience: National Institutes of Health, PM&R Journal Club	8/2013
<i>Lecture Series: Introduction to Physiatry</i> Audience: Georgetown University School of Medicine	10/2013 & 7/2013
<i>Calcific Tendonitis: Hip Pain with Fever</i> Audience: Ortho-Rheum-PM&R Grand Rounds	2/2013
<i>Source of Back Pain?</i> Audience: The George Washington University Pain Center	1/2013
<i>Pelvic Fracture Complicated by Meralgia Paresthetica</i> Audience: Ortho-Rheum-PM&R Grand Rounds	8/2012
<i>Delirium/Altered Mental Status in a SCI patient secondary to Mismanagement of Pain Medication</i> Audience: National Rehabilitation Hospital M&M Grand Rounds	8/2012

PROFESSIONAL ORGANIZATIONS:

2010 – Present	American Academy of Physical Medicine & Rehabilitation (AAPM&R)
2012 – Present	Association of Academic Physiatrists (AAP)
2012 – 2015	George Washington University Hospital Pain Journal Club
2012 – 2016	American Pain Society (APS)
2012 – 2015	North American Spine Society (NASS)
2012 – Present	American Society of Interventional Pain Physicians (ASIPP)
2011 – Present	American Medical Association (AMA)
2023 – ongoing	New York Society of Physical Medicine & Rehabilitation (NYSPM&R)

