

BRET M. BELLARD, M.D., MSc, FASAM

Addiction Medicine/ Family Medicine physician with interests in utilization review, HCC/Medicare risk adjustment coding, educational research

CONTACT

775.220.3088

bbellardmd@hotmail.com

SKILLS

- Boarded Addictionologist with 275 patient DEA X waiver
- Experienced Utilization Reviewer for
- Addiction Medicine/Primary Care
- Experienced HCC/Medicare risk adjustment coder
- Medical educator for individuals and large groups
- Over two decades of collaborating physician experience with mid-level primary care providers

LICENSES AND CERTIFICATIONS

Board Certified Family Medicine

1999-2025

Board Certified Addiction Medicine

2015-2028

Nevada Medical License

10620

Texas Medical License

K4652

American College of Epidemiology

member

EXPERIENCE

Rural Section Chief Primary Care/Addictionologist *Renown Health Services*

- Responsible for management of all Renown medical providers in rural northern Nevada
- Management of all medical care in six clinics
- Addiction Medicine expert for largest medical group in northern Nevada
- Creation of and maintenance of first Addiction Medicine clinic associated with Renown hospital
- Medicare risk adjustment advisor for • mid-level providers
- Medical education of medical student, nurse practitioners, medical residents, physician assistants in both primary care and addiction medicine
- Medical care of Addiction Medicine/Family Medicine patients in outpatient settings

10/2009- Current

Utilization Review Physician

Physician Based Medical Management

- Utilization review for worker's compensation, primary care cases.
- Approval or denial of claims based upon medical evidence with supporting references

1/2016- Current

Utilization Review Physician

American Health Holding

- Utilization review for addiction medicine/rehab/detox center cases.
- Approval or denial of claims based upon medical evidence with supporting references

06/2022 - Current

HCC Coding Reviewer

Agilon

- Responsible for addition and deletion of appropriate HCC/Medicare risk adjustment codes using EHR chart reviews for four large primary care practices in Michigan including patient care quality assurances

01/2019 - Current

President/Founder

Sierra Nevada Addiction Research And Education

- President and Founder of non-profit organization dedicated to education and research of Addiction Medicine for medical providers and the community

01/2023 - Current

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PUBLICATIONS

Gandour RD, Leung OT, Greway AT, Ramsay RR, Nic a'Bhaird, Fronczek FR, Bellard BM, Kumaravel G. (+)-Hemipalmitoylcarnitinium strongly inhibits carnitine palmytoyltransferase-I in intact mitochondria. *J Med Chem.* 1993 Jan 22; 36(2):237-42.

Bellard BM. Nursing homes; theater of the absurd. *Medical Economics.* Feb. 21, 2003;80.

Bellard BM. Last Word: My stand against DTC ads. *Medical Economics.* Feb. 20, 2004;81:104.

CME PRESENTATIONS

"Safe Opioid Prescribing" September 2016, University of Nevada Medical School/Renown Health

"Disability – From Paperwork to Prevention" January 2018, University of Nevada Medical School/Renown Health

MEDIA

"Golstein, Amy. "In an arid, lonely stretch out west, the health coverage that bloomed is now at risk". *Washington Post.* July 16, 2017. Web.

EXPERIENCE

Assistant Professor of Medicine

University Of Nevada School Of Medicine, Medicine

- Education of medical students in both primary care and addiction medicine.

01/2019 - Current

Assistant Professor of Medicine

St. George's University School Of Medicine, Medicine

- Education of medical students in both primary care and addiction medicine.

01/2015 - Current

Collaboration Physician

Cerebral.com

- Collaborating physician for mid-level medical providers in Texas in an virtual mental health company

01/2022 - 11/2022

Principle Investigator

Reno Clinical Trials

- Oversight of stand-alone research clinic including medical record reviews, clinical trial documentation, and medical oversight

01/2009 - 01/2014

Educational Writer

Morrison Media

- Developer of medical educational content including test questions and review material

01/2008 - 01/2013

Medical Director/Utilization Review

The Toiyabe Group

- Medical director for large third party administrator in the worker's compensation/primary care field

01/2007 - 01/2010

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EDUCATION

Master Of Science Epidemiology

London School Of Tropical
Medicine And Hygiene
London, England, UK

May, 2013

Graduate Certificate, Regulatory Affairs in A Technical Environment

Lehigh University
Bethlehem, PA

May, 2009

Residency, Family Medicine

University Of Texas-Medical
Branch
Galveston, TX

June, 1999

Internship, Surgical Internship

Baylor College Of Medicine
Houston, TX

May, 1996

M.D. Education And Training

Baylor College Of Medicine
Houston, TX

May, 1995

B.S, Biochemistry

Louisiana State University
Baton Rouge, LA
Summa cum laude, Kappa Phi

May, 1991

EXPERIENCE

Physician

South Lyon Medical Center, Yerington, NV

- Care of emergency room patients in rural Nevada hospital

01/2003 - 01/2009

Medical Director

Concentra Medical Center, Carson City, NV

- Medical director responsible for patient care, insurance and employer communication for worker's compensation clinic

01/2000 - 01/2003

Family Medicine Physician

South Texas Medical Clinic, El Campo, TX

- Medical care for patients in outpatient, inpatient and ICU setting in rural Texas

01/2003 - 01/2009

Primary Care Physician

North Idaho Immediate Care Center, Post Falls, ID

- Medical care for patients in outpatient, inpatient and ICU setting in rural Idaho

07/1999 -10/2000

Reviewer

ASAM Guidelines on Alcohol Withdrawal, ASAM

- Reviewer of ASAM Clinical Practice Guidelines on Alcohol Withdrawal Management

01/2019 - 05/2019