

**MARY BETH VALIULIS, MD**  
**CURRICULUM VITAE**  
**2020**

**WORK ADDRESS:**

Private Practice General Psychiatry  
7607 Fern Avenue, Suite 204  
Shreveport, LA 71105  
Email: [dr.valiulis@gmail.com](mailto:dr.valiulis@gmail.com)

Valiulis Sleep Clinic  
7607 Fern Avenue, Suite 204D  
Shreveport, LA 71105  
Website: [www.valiulis.com](http://www.valiulis.com)

**EDUCATION:**

2000-2004      **Residency in Psychiatry, Chief Resident**  
                         Louisiana State University Health Sciences Center, Shreveport, LA

2000            **Medical Doctorate**  
                         Louisiana State University Health Sciences Center, Shreveport, LA

1995            **Premedical Sciences**  
                         Louisiana State University, Shreveport, LA

1991            **Graduate Studies in Theology**  
                         Pacific School of Religion, Berkeley, CA

1991            **Graduate Studies in Theology**  
                         Catholic University of America, Washington, DC

1988            **Bachelor of Arts in Theology**  
                         Georgetown University, Washington, DC

**PROFESSIONAL EXPERIENCE:**

2006–Present      **Private Practice General Psychiatry & Sleep Medicine, Shreveport, LA**

- Board Certified Psychiatrist
- Board Certified in Sleep Medicine

General Psychiatry Private Practice

- Outpatient psychiatric treatment for all disorders with pharmacotherapy and/or psychotherapy.
- Life Enrichment Seminar Series, Peak Parenting Seminars and Sports Psychology

Valiulis Sleep Clinic

- Outpatient Sleep Medicine Clinic for all sleep disorders.
- Interpretation of sleep studies.
- Home Sleep Studies

- 2017-Present      **Independent Medical File Review Consultant**  
work remotely
- Over 600 file reviews performed.
  - Conduct reviews in psychiatry and sleep medicine of Short Term Disability claims, Long Term Disability claims, Short Term Disability claim appeals, Long Term Disability claim appeals and sleep study reviews.
  - The reviews include the assessment of restrictions and limitations and functional work capacity. The reviews often involve communication with treating physicians and co-reviewers.
- 2012-2013      **Medical Director**  
Easy Sleep Concepts, Inc., Shreveport, LA
- 2008-2011      **Clinical Assistant Professor of Psychiatry**  
**LSUHSC** Department of Psychiatry, Shreveport, LA
- 2008–2009      **Research in Sleep Medicine**  
Clinical Trials of America, Shreveport, LA
- 8/2006-12/2009      **Staff Psychiatrist: Part-Time Faculty**  
Overton Brooks Veterans Affairs Medical Center, Shreveport, LA
- Outpatient general psychiatry clinic
- 8/2004-8/2006      **Staff Psychiatrist: Full-Time Faculty**  
Overton Brooks Veterans Affairs Medical Center, Shreveport, LA
- Outpatient general psychiatry clinic
- 8/2004-8/2005      **Medical Director of Drug Dependency Treatment Program**  
Overton Brooks Veterans Affairs Medical Center, Shreveport, LA
- Outpatient psychiatric care drug dependency program
- 2003-2004      **Chief Resident**-Psychiatry Department **LSUHSC**, Shreveport, LA
- Leadership and management role of senior resident
- 2001-2004      **Residency in General Psychiatry**  
Psychiatry Department **LSUHSC**, Shreveport, LA
- Residency in General Psychiatry
- 2001      **Internship**  
Psychiatry Department of **LSUHSC**, Shreveport, LA
- Internship in General Psychiatry

- 1994-1995      **Research Assistant**  
Louisiana State University, Shreveport, LA
- Conducted research on the Synthesis of Carbon-13 Sulfonated Poly (Styrene/ Divinylbenzene) for production of Nitrogen-13 Target Material.
  - Conducted research on the Electrophilic Aromatic Substitution of Cross-linked Poly (Styrene): Generation of a Target Material for Positron Emission Tomography.
  - Presented research at the LSUS Department of Chemistry and Physics' Spring Seminar Series.
- 1992-1994      **Medical Research Associate**  
Plastic Surgery Associates, Shreveport, LA
- Researched over 300 articles for analysis of the history and development, application and clinical findings of silicone used for implantable medical devices.
  - Provided Dow Corning with this research for their presentation at the FDA Breast Implant Forum in Bethesda, MD.
  - Lobbied in Congress on behalf of the Association of Plastic and Reconstructive Surgeons and private Louisiana Physicians in relation to the FDA silicone breast implant ban.
- 1992-1993      **Medical Sales Associate**  
M.D. Medical Ltd., New Orleans, LA
- New Orleans Sales Representative for CUI and Orthomet product lines.
  - Coordinated educational seminars on silicone breast implant updates, arterial blood vessel elongation, and hip/knee joint replacement.
- 1992-Present      **President, BV Design**  
Jewelry making and design company, Shreveport, LA
- Design and create custom made jewelry.
- Summer 1989      **Research Assistant**  
Kennedy Institute of Ethics, Washington, DC
- Researched cases for the Bioethics Information Retrieval Project.
  - Assisted with revisions of the Bioethics Thesaurus.
- 1988-1989      **Marketing Manager and Research and Development Analyst**  
Systar, Inc., Washington, DC
- Marketing Manager
- Subcontractor liaison for Martin Marietta.
  - Managed technical staff for major HUD contract.
  - Designed and developed marketing and sales brochures, customer training materials and sales presentations.
- Research and Development Analyst
- Developed On-line Performance Monitoring Software for mainframe computers.

## **PUBLICATIONS AND PRESENTATIONS:**

“Magnetic resonance imaging detection of a lesion compatible with central pontine myelinolysis in a pregnant patient with recurrent vomiting and confusion,” Valiulis, M.B., Kelley, R.E., Hardjasudarma, M., and London, S. Neuroimaging, October 2001, 11(4):441-443.

“An Advanced Undergraduate Multistep Synthesis of Poly (Styrene),” Zippi, E.M., Grover, J., Valiulis, M.B., and Cheek, H.C. Microchemical Journal, 1997, 55.

“Fictionalization of Cross-linked Poly (Styrene) in the Preparation of a PET Target Material,” Zippi, E.M., Grover, J., Valiulis, M.B., Tibbets, C. and Kalbalka, G.W. Appl. Radiat. Isotopes, 1996, 47, 513.

“Synthesis of Carbon-13 Sulfonated Poly (Styrene/Divinylbenzene) for Production of a Nitrogen-13 Target Material,” Zippi, E.M., Valiulis, M.B., and Grover, J. Proceedings of the 6<sup>th</sup> International Workshop on Targetry and Target Chemistry, Vancouver, Brithish Columbia, August 1995.

“Synthesis of C-13 Sulfonated Poly (Styrene), Valiulis, M.B. and Grover, J., presented at the LSUS Department of Chemistry and Physics’ Spring Seminar Series, Louisiana State University, Shreveport, Louisiana, April 11, 1995.

## **Louisiana State University Health Sciences Center RESEARCH:**

A Multicenter, Randomized, Double-Blind, Placebo-Controlled, Parallel-Group Study to Evaluate the Efficacy and Safety of an Investigational Medication for Prevention of Depressive Relapse in Adult Outpatients with Major Depressive Disorder.

Wyeth Research

PI: Mary Jo Fitz-Gerald, MD

Sub-Investigator: Mary Beth Valiulis, MD

July 2003

A Double-Blind, Flexible Dose Comparison of an Investigational Medication, a Comparator Medication and Placebo in the Treatment of Generalized Anxiety Disorder.

Forest Research Institute

PI: Anita Kablinger, MD

Sub-Investigator: Mary Beth Valiulis, MD

July 2003

An Investigational Medication as Sole Therapy for Bipolar Disorder.

Eli Lilly

PI: Arthur M. Freeman, MD

Sub-Investigator: Mary Beth Valiulis, MD

April 1999

A Randomized, Double-Blind, Placebo-Controlled, Parallel-Group Study of an Investigational Medication to Improve Memory in Subjects with a Treated Anterior Communicating Artery Aneurysm.

Sention, Inc.

PI: Anita Kablinger, MD

Sub-Investigator: Mary Beth Valiulis, MD  
December 2002-October 2003

A Multicenter, Double-Blind, Double-Dummy, Placebo-Controlled, Randomized, Parallel Group Evaluation of the Efficacy and Safety of a Fixed-Dose of an Investigational Medication Versus Placebo Versus a Comparator Medication in Subjects with Schizophrenia.

GlaxoSmithKline

PI: Mary Jo Fitz-Gerald, MD

Sub-Investigator: Mary Beth Valiulis, MD

December 2002-October 2003

DNA/RNA/SERUM Baking in Subjects with Early and Late Onset Alzheimer's Disease.

PrecisionMed

PI: Anita Kablinger, MD

Sub-Investigator: Mary Beth Valiulis, MD

April 2002

Efficacy and Tolerability of Three Commercially Available Atypicals in the Treatment of First Episode Psychosis: A Randomized Double Blind 52-Week Comparison.

AstraZeneca

PI: Anita Kablinger, MD

Sub-Investigator: Mary Beth Valiulis, MD

January 2002

A Double-Blind, Multicenter, Placebo-Controlled, Acute and Extension Study of 2 Doses of an Investigational Medication in the Treatment of Patients with Major Depressive Disorder.

Merck & Company, Inc.

PI: Anita Kablinger, MD

Sub-Investigator: Mary Beth Valiulis, MD

December 2001

An Investigational Medication in the Treatment of Pathological Gambling. A Placebo-Controlled Dose-Response Study.

Bioties Therapies Corp (Oy Contral Pharma Ltd.)

PI: Anita Kablinger, MD

Sub-Investigator: Mary Beth Valiulis, MD

December 2001-June 2003

The Efficacy and Safety of an Investigational Medication in the Treatment of Adolescents with Schizophrenia.

Johnson & Johnson Pharmaceutical Research and Development L.L.C.

PI: Anita Kablinger, MD

Sub-Investigator: Mary Beth Valiulis, MD

August 2000

The Efficacy and Safety of an Investigational Medication in the Treatment of Adolescents with Schizophrenia: A Follow-up Trial of Previous Studies.

Johnson & Johnson Pharmaceutical Research and Development L.L.C.

PI: Anita Kablinger, MD

Sub-Investigator: Mary Beth Valiulis, MD

August 2000

Risk Factors and Biological Markers in Patients with Schizophrenia, Their First or Second Degree Relatives and Controls.

PI: Anita Kablinger, MD

Sub-Investigator: Mary Beth Valiulis, MD

April 2001

Comparative Effectiveness of Antipsychotic Medications in Patients with Schizophrenia.

NIMH/UNC – Chapel Hill

PI: Anita Kablinger, MD

Sub-Investigator: Mary Beth Valiulis, MD

September 2000

Comparative Effectiveness of Antipsychotic Medications in Patients with Alzheimer's disease.

NIMH/UNC – Chapel Hill

PI: Arthur Freeman, MD

Sub-Investigator: Mary Beth Valiulis, MD

November 2000 – December 2003

#### **MEMBERSHIPS AND CERTIFICATIONS:**

##### **American Board of Psychiatry and Neurology – Diplomate**

- Board Certified in General Psychiatry since 2007
- Board Certified in Sleep Medicine since 2011

##### **American Psychiatric Association**

- Member in good standing since 2000

##### **American Academy of Sleep Medicine**

- Member in good standing since 2007

##### **Shreveport Medical Society**

- Member in good standing since 2000

##### **Louisiana State Medical Society**

- Member in good standing since 2000

##### **Louisiana Psychiatric Medical Association**

- Member in good standing since 2000

##### **World Sleep Society**

- Member in good standing since 2014

##### **National Sleep Foundation**

- Member in good standing since 2011